

LET THE WEAK SAY I AM STRONG
1 KINGS 19:1-18

SUNDAY, AUGUST 21ST, 2016

Be prepared for disappointments in life - *1 Kings 19:1-2*

Take time to take care of yourself - *1 Kings 19:5-7*

Beware of the danger of self-pity - *1 Kings 19:10*

Remember that God is always near to help - *1 Kings 19:11-13*

Expect God to restore you for his service - *1 Kings 19:15-17*

Remember things are never as bad as you think they are - *1 Kings 19:18*

THIS MORNING:

Sometimes life gets pretty hard to take. You can be going along thinking you're doing okay, when all of a sudden, something comes out of nowhere to knock you down. It could be a situation at work, or a problem in your family, or a diagnosis from your doctor, or a financial hardship or any one of a number of things. How we react to these situations depends on other factors. Some personality types are better suited to dealing with stress than others. But at the end of the day, you know that even though you feel down and beaten, you have to keep going. At those times, it's important that we draw strength from someone or something that will help us get through whatever it is we're facing.

Elijah had a time of great personal defeat. He was ready to give up and he felt so discouraged that he wanted to die. The amazing thing is that this time in his life came after a time of great personal victory. He was on top of the world, and then something happened that sent him into the depths of despair. It's important for us to note that everyone is susceptible to these kinds of experiences, and when they happen we need to take care of them. Our story of Elijah today will give us guidance for understanding how to deal with times like this.

PRAISE & PRAYER

- **Pray** for our shut-ins: Lydia K and Selma S.
- **Pray** for Paul & Melissa Ewing who serve in church planting and leadership training in Japan.
- **Pray** for Charlotte T who is recovering in St. Boniface Hospital from a fall she suffered at home this past week.



162 ROWANDALE AVENUE WINNIPEG R2K 0A5
PHONE: 204-338-1174 EMAIL: office@rowandale.ca
www.rowandale.ca

Equipping and enabling disciples to make disciples

We are glad you are worshipping with us this morning. If you are a **Visitor** we ask you to sign a Guest Card and drop it in the offering plate so we can acknowledge your visit. Join us to Worship at 10:30 am.

A **staffed Nursery/Jr. Church** is provided for children from 6 months to age four. Please drop your children off in the nursery **no later than 10:45 am.**

ORDER OF SERVICE

- Opening Song
- Welcome & Announcements
- Worship in Song
- Scripture & Prayer
- Offering
- Worship in Song
- Message
- Closing Song
- Benediction

WORSHIP TEAM:

- Mic M
- Bev S
- Donna J
- Jon M
- Gillian M
- Ana T
- Fred L

THANK YOU!

A big thank you goes out to all those who helped to make this year's Summer Kids Club a success! We had 37 children participating in the program this past week.

ROWANDALE BAPTIST CHURCH

STATS FOR AUGUST 14TH, 2016

ATTENDANCE	215
GENERAL OFFERING.....	\$10,416.00
WEEKLY GOAL	\$9,760
GIVING TO DATE	\$309,411
BUDGET TO DATE	\$302,560

SUNDAY SCHEDULE

Worship -	10:30 am
Bethsaida French Fellowship -	1:30 pm

COMING UP

Aug 27 - Young Adults Night @ 6 pm
Aug 28 - Worship @ 10:30 am
- Bethsaida Fellowship @ 1:30 pm

BREAKFAST PROGRAM


Can you join us this fall on Fridays from approx. 8:00 to 9:15 am every 3 to 4 weeks, to serve breakfast to children at Princess Margaret School? If so, please see ANDREA K.

THINKING AHEAD....

With the school supplies out in the stores at great prices right now, why not think about grabbing a few extra items which can be put into the Operation Christmas Child shoeboxes in November. This is a great economical way to fill those boxes!

SAVE THE DATE!

ROWANDALE'S CHILD PROTECTION PROGRAM Sessions will run Saturday, September 10th from 10:30-noon or Tuesday, September 13th from 7-8:30 pm. Those working with children and youth are required to attend one of these sessions, so please mark your calendars now!



CAMP SCHOLARSHIP FORMS are available on the table in the lobby for those working at Camp this summer. Once completed please place in the Outreach mailbox.



BOOST

Keep a look-out for fall events! If you want to hang out during the summer text Pastor Ben.

Young Adults

SATURDAY, AUGUST 27TH
GAMES & HANG-OUT NIGHT!
 Come out to the P's for some board games, food and to hang-out around the fire pit. Starts at 6 pm.

THANKSGIVING EVERY MONTH
 For the month of August, Rowandale Church is partnering again with Union Gospel Mission's "Thanksgiving Every Month" (THEM) program, by collecting non-perishable food or personal items to assist those in need. Items needed are: *canned soup, veggies, fruit, meat, macaroni & cheese, peanut butter, rice, pasta, pasta sauce, cooking oil, ketchup, mustard, ground coffee, band aids, soap, toothbrush/toothpaste, shampoo, baby food, formula, diapers (size 5 & 6), laundry detergent, window cleaner, toilet paper, napkins, styrofoam plates & cups, clothing, etc. etc.*

Please place your contribution on the table marked "THANKSGIVING EVERY MONTH" in the church lobby anytime now until August 28th. Thank you for your generosity. For more information, contact Sonja P.

MISSIONARY OF THE WEEK



MARIJANA CIZMANSKI
NATIONAL MISSIONARY
SERBIA

Marijana works alongside Ron and Jeannie Seck and is leading the development of CHE ministries in Serbia. Marijana has a background in hospice care and in social services, both of which have helped shape her love for those in great need. Pray for Marijana and her growing ministry. For more information, visit <http://nabonmission.org/missionaries/marijana-cizmanski>.

MINISTRY OF THE WEEK

WAVERLEY CHURCH
WINNIPEG, MB

- TONY (CHRIS) PENNER
LEAD PASTOR
- JEREMY (CHARISSE) YUEN
WORSHIP
- THOMAS (ALANA) PUJOL
CHILDREN'S PASTOR
- HELEN OSMAN
ADMINISTRATION

Senior Pastor: Rev. Mark Woods
 Associate Pastor: Rev. Jonathan Kroeker
 Youth Pastor: Ben Clouston
 Office Administrator: Bev Sheridan